Welcome to Edgewood Natural Health

Patient Name _____ Date of Birth _____

Mail Address _____ Home Phone _____

City & ZIP _____ Work Phone _____

Occupation _____ Cell Phone _____

Employer _____ E-Mail _____

How did you find us? _____

What concerns would you like treated?

What other treatments have you received?

Other Concerns & Medical Conditions

Hospitalizations Injuries & Surgeries

Medications Herbs & Supplements

Caffeine _____ Tobacco _____

Alcohol _____ Drugs _____

Allergies _____

Diet Restrictions _____

Exercise Routine _____

Please review and check all of the symptoms below that apply to you.

TEMPERATURE	☐ Feverishness	☐ Hot flushes	☐ Chills	☐ Cold Hands / Feet
	☐ Night Sweats	☐ Excess Sweating		
HEAD	☐ Headaches	☐ Dizziness / Vertigo	☐ Jaw Problems	☐ Dental Problems
	☐ Eye pain / strain	☐ Dry or itchy eyes	☐ Spots / Floaters	☐ Poor vision
	☐ Ringing in ears	☐ Ear discomfort	☐ Poor Hearing	☐ Sinus problems
	☐ Nosebleeds	☐ Dry mouth / throat	☐ Mouth sores	
DIGESTIVE	☐ Poor appetite	☐ Constant hunger	☐ Weight change	☐ Anorexia / bulimia
	☐ Cravings	☐ Bad breath	☐ Heartburn	☐ Nausea / vomiting
	☐ Indigestion	☐ Fatigue after meals	☐ Bloating / gas	☐ Abdominal pain
	☐ Constipation	☐ Diarrhea	☐ Hemorrhoids	☐ Laxative use
	☐ Bloody or black stool	☐ Rectal pain	☐ Cramping	
HEART & RESPIRATORY	☐ Chest pain	☐ Anemia	☐ Irregular heart beat	☐ Heart disease
	☐ High cholesterol	☐ High blood pressure	☐ Low blood pressure	☐ Blood clots
	☐ Palpitations	☐ Coughing	☐ Difficulty breathing	☐ Pacemaker / Defib.
SKIN & HAIR	☐ Hives / Rashes	☐ Itching	☐ Ulcers / sores	☐ Tumors / growths
	☐ Hair loss	☐ Dry skin	☐ Acne	☐ Eczema / psoriasis
UROGENITAL	☐ Incontinence	☐ Urgent urination	☐ Frequent urination	☐ Dark / cloudy urine
	☐ Painful urination	☐ Waking to urinate	☐ Urinary stones	☐ Blood in urine
	☐ Low sex drive	☐ Excess sex drive		
NEUROLOGICAL	☐ Seizures	☐ Areas of numbness	☐ Tremors	☐ Muscle twitching
	☐ Stroke	☐ Areas of weakness	☐ Poor balance	☐ Poor coordination
PSYCHOLOGICAL	☐ Easily stressed	☐ Irritability / Anger	☐ Depression	☐ Anxiety
	☐ Hyperactivity	☐ Poor memory	☐ Unclear thinking	☐ Mental illness
SLEEP / ENERGY	☐ Fatigue	☐ Hard to fall asleep	☐ Fitful sleep	☐ Dreams bother sleep
	☐ Unrested in morning	☐ Interrupted sleep	☐ Nightmares	
ENDOCRINE & IMMUNE	☐ Thyroid problems	☐ Diabetes	☐ Hepatitis / HIV	☐ Immune disorder
	☐ Chronic Infection			
MEN'S HEALTH	☐ Enlarged prostate	☐ Poor sexual function		
MENSTRUATION	Length of Cycles? _____	☐ Menopause Age? _____	☐ Hysterectomy Age? _____	
	# Days of Flow? _____	☐ Hormone Replacement	☐ Ovaries Removed	
	☐ Heavy flow	☐ Light flow	☐ Clotting	☐ Very dark blood
	☐ Bloating	☐ Water retention	☐ Breast tenderness	☐ Fatigue
	☐ Moodiness	☐ Acne	☐ Nausea	☐ Night sweats
	☐ Cramping / Pain	☐ Headaches	☐ Diarrhea	☐ Constipation
PREGNANCY	# of Pregnancies? _____	Ages of Children? _____		
	☐ Infertility	☐ Habitual Miscarriages	☐ Birth Control	Type? _____
GYNECOLOGY	☐ Breast lumps	☐ Endometriosis	☐ Yeast Infections	☐ Ovarian Cysts
	☐ Uterine Fibroids	☐ Vaginal Discharge	☐ Abnormal PAP	☐ Vaginal Dryness

INFORMED CONSENT

John Frostad, EAMP is a licensed East Asian Medicine Practitioner (AC#366) in Washington.
He received his Master of Science in Acupuncture (M.S.A.) from Bastyr University.

Monica Szelachowski EAMP is a licensed East Asian Medicine Practitioner (AC#60714780) in Washington..
She received her Master of Science in Acupuncture & Oriental Medicine (MSAOM) from Bastyr University.

The scope of practice for a East Asian Medicine Practitioner in Washington state includes the following:
The use of acupuncture needles or lancets and electrical, mechanical, or magnetic devices to stimulate acupuncture points and meridians; moxibustion; acupressure; cupping; dermal friction; infra-red; sonopuncture; laserpuncture; point injection therapy; dietary advice and health education based on East Asian medical theory, including the recommendation and sale of herbs, vitamins, minerals, and dietary and nutritional supplements; breathing, relaxation, and East Asian exercise techniques; qi gong; East Asian massage and Tuina (Chinese bodywork), superficial heat and cold therapies.

Acupuncture is safe and rarely uncomfortable. Side effects are very rare, but may include:
1. Pain following treatments. 2. Broken needles 3. Infection 4. Needle sickness 5. Minor bruising

If any of the following applies to you, please inform the acupuncturist:
1. Severe bleeding disorder; 2. Pacemakers; 3. Seizure disorders; 4. Pregnancy or suspected pregnancy

CANCELLATION POLICY

If you will be greater than 20 minutes late to your appointment, please call to reschedule. Late cancellations (made after 5pm the day prior to your visit) and missed appointments cannot and will not be billed to your insurance. We reserve the right to bill you $25 for any missed appointment or late cancellation.

PRIVACY POLICY

I acknowledge that a copy of Edgewood Natural Health's Notice of Privacy Practices was made available.

I have read and understand the above, and consent to treatment and agree to the above policies:

Signed _____ Date _____

INSURANCE

- I authorize payment of medical benefits to Edgewood Natural Health LLC for services rendered.
- I authorize the release of any medical or other information necessary to process my claims.
- I accept responsibility for understanding my insurance coverage, copays, coinsurance, and deductibles.
- I accept responsibility for providing any necessary referrals or information required by my insurance.
- I understand that Edgewood Natural Health makes no guarantee that my insurance will cover my visits.
- I take financial responsibility for any and all charges not covered by my insurance company.
- I understand that herbal medicines and supplements will be at my expense, and that I may refuse them.
- I understand that if I do not pay in full at the time of service, any discounts will be unavailable to me.
- I understand that any visits applied to my deductible will be charged to me at the insurer's allowable rate.

Signed _____ Date _____